



**PLEASE DO NOT READ THIS MANUSCRIPT WITHOUT PRAYERS.  
PLEASE PRAY THAT THE LORD WILL SHOW YOU THE TRUTH.**

God's will for you is to have victory in every area of your life. Today millions of Christians are not having total victory. They do have some sort of victory but not in many areas of their lives. Abraham had quite some victory in the early part of his life, but he had no child. His victory was not complete. He still had problems in the area of barrenness. Samson won a lot of battles, but he did not have total victory. David had some victory but he did not have total victory at the early part of his life. Solomon had quite a number of victories but his victory was not total.

God's will and plan for you is to have total victory in every area of your life. Today you may have gathered some victories but the question is do you have 100% victory? Friends there are forces on earth that want to keep you from total victory. What is the secret of total victory? II Cor. 10:3-6 (NIV) says, "For though we live in the world, we do not wage war as the world does. The weapons we fight with are

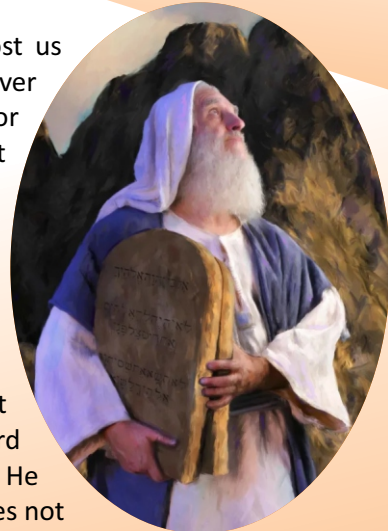


not the weapons of the world. On the contrary, they have divine power to demolish strongholds; we demolish arguments and every pretension that sets itself up against the knowledge of God; and we take captive every thought to make it obedient to Christ. And we will be ready to punish every act of disobedience, once your obedience is complete!”

For you to punish everything that is disobeying God in your life, your obedience has to be complete. For you to have 100% victory, your obedience will have to be 100%. God will not take 90% neither will he take 99% nor 99.999%. God demands total obedience in our lives for us to have total victory. King Solomon, the wisest and the most blessed man financially that ever lived failed because he disobeyed a single commandment. For God has said do not marry from a non-Jewish nation, but he rationalized the word of God and he failed (**1 Kings 11:1, 2**). And in 1 Kings 11:6, the Bible says, “And Solomon did evil in the sight of the Lord and went not fully after the Lord as did his father, David”. Solomon gave 99% obedience but not 100%, and he failed.

A single rationalization of the word of God can cost us eternity. In **James 2:10-11** the Bible says, “For whosoever shall keep the whole law, and yet offend in one part (or point), he is guilty of all. For he that has said, do not commit adultery, said also do not kill, now if thou commit no adultery yet if thou kill, thou art become a transgressor of the law.

All the ten commandments of God should be kept, non-should be left. God demands total and absolute obedience to His laws and commandments, if we want Him to walk with us faithfully. Someone said, “It is a hard lesson for man to learn that God really means what He says.” When God says anything, He means it; God does not joke with his words. He told Israel, “don’t ever touch the ark”. Uzzah did and he paid with his life.



He told Moses speak to the rock; Moses beat the rock instead and He did not reach the Promise Land. He told Adam and Eve, “the day you eat of this, you will surely die.” They did and death came on all mankind. It is a hard lesson for man to



learn that God really means what He says. In **Matt. 5:17-18** the Lord says, “Think not that I come to destroy the law or prophets, I am not come to destroy but to fulfill, for verily I say unto you, till heaven and earth pass, one jot or one tittle shall in no wise pass from the law, till all be fulfilled.”

## THE LORD’S DAY

Several years ago a Christian worker, making his way from home to home, encouraging others to study the Bible, stopped to talk to a man working in his yard. When the Christian invited the man to take a little time to become acquainted with the Bible and the message in it, he was told in no certain terms that this man was too busy to take time for the Bible study.

To further emphasize how busy he was, the man said, “Why, I am so busy that I don’t even have time to read the funny papers!” Too many people have the same attitude. Today, it seems that all are so busy that they are unable to do all of the things they should. Most people secretly wish that they could give God more time. They would like to do this, but the question is – where to find it?

We should be very thankful that God understands the problems that face us to have time for study, worship, and have communion with Him. God knew that as time passed and life became more complex, man would have a tendency to forget the relationship that existed between him and His maker. Therefore, God set aside a special time so that man could refresh himself, setting aside his many problems, troubles, and perplexities and again renew his relationship with his heavenly Father.



A psychiatrist told a patient not long ago that what he needed was to learn to completely relax. For a fee of \$25 a week the psychiatrist was teaching him to do this. He was to put every problem and worry out of his mind. The psychiatrist maintained that if every person would put out of his mind all the daily perplexities for one day a week and relax completely, there would be



little need for mental institutions.

God has set aside such a day in which He wants us to renew our physical and spiritual strength. Let us learn about this day from Him.

## THE STUDY

**Fill in the blanks after reading each Bible text**

**1. Did God make the Sabbath rest only for Israelites? Mark 2; 27**

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*Note: When Jesus says that the Sabbath was made for man, the word “man” means all “mankind” – for all time, in every place.*

**2. When did God establish the Sabbath? Genesis 2:1, 3.**

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*Note: The Sabbath was established at the close of Creation week.*

**3. What day of the week is Sabbath? Genesis 2:2, 3.**

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*Note: Three times in Genesis chapter 2, God tells us that He made the Sabbath on the seventh day of creation week. He also “sanctified” it, which means “to set aside for a holy use. God made the Sabbath as a 24- hour period of time, because time is what it takes to develop a true love relationship with Jesus. The devil like*



*Pharaoh of Egypt, wants to keep us so busy working that we don't think about God.*

*His people, getting acquainted; He made that weekly appointment with you. Don't fail to meet Him*

**4. How has God demonstrated the importance of His holy Sabbath?**

**Exodus 20:8-11**

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*Note: Exodus 20:8-11 is the fourth commandment of God's law. By making the Sabbath one of His Ten Commandments, He demonstrated its extreme importance. Verse 10 calls it "Sabbath of the Lord thy God". Only the fourth commandment begins with the word "remember," indicating God Knew that people would forget. Breaking God's Ten Commandment law is sin (1 John 3:4). But Jesus died to save his people from their sins, or law breaking (Matthew 1:21)*

**5. Of what two precious things does God say the Sabbath is a sign?**

**Exodus 31:17**

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**Ezekiel 20:12**

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*Note: God says the Sabbath is a sign, of His power as creator and redeemer. In revelation 14:6-14, God gives three important messages that are to be proclaimed to "them that dwell on the earth, and to every nation, and kindred, and tongue, and people" verse 6. The first message is found in verse 7: "Fear God, and give glory to him; for the hour of his judgment is come; and worship him that made heaven, and earth, and the sea, and the fountain of waters." This appeal for return*



*to true worship is drawn right from the fourth commandment: “For in six days the lord made heaven and earth, the sea and all that in them is, and rested the seventh day.” Exodus 20:11*

**6. Which day did Jesus keep holy? Luke 4:16**

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*Note: Jesus is our example (1 Peter 2:21) in everything, including Sabbath keeping, which was his custom. A “custom” is a regular habit. Christians are to walk as He walked (1John 2:6).*

**7. What was Paul’s custom regarding the Sabbath? Acts 17:2**

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Act 18:4

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*Note: It was also Paul’s custom to keep the seventh-day Sabbath.*

**8. Did the apostles also meet with the Gentiles on the Sabbath?  
Acts 13:42**

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*Note: On another occasion, the disciples met on the Sabbath with a group of Gentile women by the riverside, because the city had no Synagogue (Acts 16:13).*

**9. Did Jesus intend for His people to keep the Sabbath after He died for**



their sins? Matthew 24:20.

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*Note: Jesus was here predicting the fall of Jerusalem, which He knew would take place in A.D. 70 (about 40 years later). But He suggested they pray that they would not have to flee from the invading army on the Sabbath. It is clear that Jesus expected His people to be keeping the Sabbath holy long after His death.*

**10. Does the bible teach that God's end time people would also keep His seventh-day Sabbath holy? Revelation 12:17**

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*Note: The above Scriptures obviously refer to God's end-time church, and each passage states plainly that God's end-time church keeps His commandments – which, of course, include the fourth commandment, the Sabbath.*

**11. Will all the saved in heaven keep the Sabbath? Isaiah 66:22, 23.**

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*Note: The Bible says that all the redeemed of all ages will keep God's Sabbath together in heaven and in the new earth.*

**12. Can we be certain that the present seventh day of the week (Saturday) is**



**the same Sabbath day that Jesus kept holy? Luke 23:54, 56; 24:1**

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*Note: Jesus was crucified on Friday (preparation), the day before the Sabbath (Mark 15:42). Jesus rested in the tomb on the Sabbath of the commandment (Luke 23:56), then rose on the first day – the day after the Sabbath (Mark 16:1-6). Christians around the world still celebrate that day as Easter Sunday. The Bible clearly shows that the Sabbath was the day after Friday and the day before Sunday. It's easy to locate that day of the week on any calendar. (See supplements entitled "What the Dictionary Says" and Hasn't the Calendar been Changed?)*

**13. Does God allow anyone to change His holy day? Proverbs 30:5, 6**

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*Note: Just before God gave the Ten Commandments, as described in Deuteronomy chapter 5, He solemnly warned that no one should "add unto" or "diminish ought from" them (Deuteronomy 4:2). Rather, they were to be kept precisely as He gave them. God blessed His Sabbath (Exodus 20:11), and when He blesses something, it is blessed forever (1Chronicles 17:27). God says, "My covenant will I not break, nor alter the thing that is gone out of my lips". Psalm 89:34. Misguided men admit that they changed God's holy Sabbath to Sunday. But God will not accept men's teachings when we have the Bible as our guide.*

**14. When does the Sabbath begin and end? Leviticus 23:32**

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### Mark 1:32

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*Note: The Sabbath hours being at sundown Friday and close at sundown Saturday.*

### 15. What day is the Lord's Day of Revelation 1:10?

Exodus 20:10

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### Mark 2:28

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*Note: In both the Old and New Testaments, God calls the Sabbath the Lord's day. He also commands that people be warned against committing the sin of trampling God's Sabbath (Isaiah 58:1, 13). God declares that His holy Sabbath is for all people (Isaiah 56:2-7). The Bible never refers to Sunday as the Lord's day. It is simply one of the six working days of the week (Ezekiel 46:1). That's all it has ever been.*

### 16. What blessing is promised by the Sabbath commandment?

Matthew 11:28

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Exodus 33:14

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## Hebrews 4:5

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*Note: Each one of Ten Commandments has a spiritual meaning. Some legalistic Christians focus on the letter of the law and neglect the spirit of the law. Jesus wants us to have both to maintain balance (Matthew 5:21, 22, 27, 28). The Bible often uses the term “rest” to refer to salvation. Hebrews 4:1, 4, 9, 10 says that those who have truly been led to the “rest” of conversion and abide in Christ will keep the seventh-day Sabbath as a symbol of the Christian rest.*

**If You Have Questions/Comments Regarding This  
Bible Study Or You Want To Be Prayed For, Please  
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## STEP FIVE THE SECRET OF TOTAL VICTORY

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